See below for instructions on how to organize and run a successful marriage group:

In order for a group to be successful it's imperative to introduce the objectives to new members so that everyone is on the same page in terms of how the group operates and what the goals of the group are.

There are several goals for coming together when working on our marriages.

1. ​Primarily, we are coming together about once a month to learn new skills to enhance our relationship with our husband.
2. The second goal of the group is to support each member's successes in the efforts they are putting into their marriage. Having the support of other women is an incredible resource and having it in a group setting can be incredibly powerful.
3. The third goal is to provide a place where women can come together and simply enjoy getting out, being with friends, and having a good time. Being with friends is a great way to give to ourselves and replenish our positive energy. It is only when we are in a positive place internally that we can be in the best position to give of ourselves from a place of warmth and happiness in our marriage.

I recommend starting with *The Empowered Wife* as it is highly practical, easy to implement, and provides simple tools to begin working on your relationship with your husband. Please note that there are parts of this book that I wouldn’t take at face value. It’s good to keep in mind that this was written by a woman who was on the brink of divorce and so her recommendations reflect the lengths she was willing to go, to avoid that at all costs.

As members of this group, we are aware that the only person we have control over is ourselves. That being said, our goal is only to improve ourselves. We know that by changing ourselves we can change our marriage in many cases. We focus on doing our part and we do not concern ourselves over what our husband is or isn’t doing in the marriage.

As friends coming together to support each other in the work we are doing in our marriages, we **absolutely value the relationship each woman has with her husband**. Special care is taken to **only give feedback that will build each other’s marriages**. Words are incredibly powerful and just like they can build marriages, a word or comment said carelessly can cause a woman a lot of pain and chas veshalom create tension between husband and wife.

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The actual structure of the group is up to you. As long as these four parts are included you are on your way to starting a great marriage group!

1. Have each member read "The Empowered Wife"
2. Discuss some of the ideas at each meeting
3. Share successes and give encouragement to each other
4. Leave some time to chat and enjoy each other’s company